



Torque Release goes dual track

Beginning in 2006, the Torque Release Technique seminar will be offered as a dual-track program for the first time.

Track I (Standard Program) is available for doctors of chiropractic attending the seminar for the first time as well as those attending as a refresher course.

Track II (Advanced Hands-On Program) is available only for those who have already completed Torque Release training in the past... in order to refresh standard skills, learning the latest changes, modifications, and upgrades, as well as the latest TRT research information...

Torque Release Technique has averaged at least one historic first for the chiropractic profession during its first 10 years, noted Dr. Jay M. Holder, TRT creator and developer. This year, TRT continues that tradition with the recent release of the book "Staying Clean and Sober" (Woodlawn Publishing).

With Dr. Holder's help, authors Merlene and David Miller, PhD, focused on natural strategies for the healing of the addictive brain in millions of individuals who manifest Reward Deficiency Syndrome (RDS).

The book provides a comprehensive chapter on chiropractic's role in dealing with this most serious and often life-threatening problem by examining the use of Torque Release Technique in this high-risk population.

To date, TRT is the only chiropractic technique to have completed a randomized, controlled, clinical research trial on addictions and RDS that has withstood scrutiny from both mainstream scientific and medical community, as well as the chiropractic profession.

Reports on this research, performed by Holder, have appeared in some of medicine's most significant peer-review journals, including one published by *Nature*, rated among the top three scientific publications in the world, and *The Journal of Psychoactive Drugs*, to name a few.

The book also examines the paradigm of TRT as a subluxation-based, non-linear, vitalistic, tonal model. This

new book reveals the role of the primary subluxation in relation to the Brain Reward Cascade vs. RDS, with a restored state of well being and improved human potential. This is presented as the outcome of subluxation-based chiropractic care provided by TRT.

Also discussed is the outcome of TRT intervention in patients with abnormal EEG testing who suffer from RDS and Attention Deficit Disorders. These abnormal EEGs (prefrontal spiking and reduced P300 wave amplitude) are restored to normal often after the first visit, according to Holder Research Institute.

Holder also defines and discusses the application of auriculotherapy in another chapter of the book. Auriculotherapy is not ear acupuncture, but a mainstream neurological diagnostic system based on the distribution of four cranial nerves and three cervical ganglia. Therefore, an acupuncture license is not required and no needles are used in this system.

"The level of subluxations and their listing side as well as other disorders are determined in seconds through auriculotherapy," Holder explains. "Because of this ability, the use of surrogate testing is now obsolete, allowing any chiropractic technique to be used among infants and animals as well as any patient, if auriculotherapy is added to the toolbox. Because of this, chiropractors are now able to determine their own subluxation listings and therefore can adjust themselves through the use of the Integrator."

Over the past 10 years, TRT has achieved other historic firsts, including the introduction of the Integrator adjusting instrument, the first adjusting instrument to apply for an FDA 510K for the indication of the correction of the subluxation.

The FDA then became the second federal agency to acknowledge the subluxation, by virtue of indicating the Integrator for subluxation correction. Only Medicare under the Social Security Administration had done so previously, but many decades earlier.

The Integrator was also the first adjusting instrument to perform Toggle Recoil with or without torque, at a speed of 1/10,000 of a second. "It is the first device to be able to reproduce what the chiropractor's hands are intended to do," explains Tom Redenbaugh, DC, TRT instructor and chairman of the Parker College's departments of technique and chiropractic philosophy.

"Originally created from scratch, borrowing nothing from any other chiropractic adjusting instrument, the Integrator has a true pisiform tip, truthful adjustment of force, an automatic trip sensor mechanism at the pisiform contact that allows for consistent inter-professional reproducibility in both the thrust characteristics and Hertz frequency of the primary subluxation," Redenbaugh added. "You don't squeeze to fire this device."

According to Lonnie Graybill, vice president of Miltex, "This is often sabotaged in instruments that must be squeezed to fire, as well as accuracy in delivering a stable line of drive." Miltex, one of the oldest and largest surgical instrument manufacturers in the world, manufactures the Integrator.

"Because all primary subluxations are three dimensional (three letter listings), manifesting its listings in an X, Y and Z axis, it makes no sense for any chiropractor to use other adjusting instruments that provide only an axial (single) direction of force," Holder emphasizes. "B.J. Palmer wrote at length about this issue, especially when adjusting by hand."

Holder is also proud of the fact that the Discovery Channel produced the first positive documentary on chiropractic and the subluxation (using TRT), ever to be aired internationally by a major cable channel, and rebroadcast the program for several years due to popular demand. The documentary, spurred by a research study conducted by Holder that was published in *Molecular Psychiatry* was filmed at Holder's treatment center in Miami Beach.

In 2004, the CBS network aired a program that provided positive objective evidence and information that infertility responds exceptionally well with subluxation-based chiropractic care. This occurred after the *Journal of Vertebral Subluxation Research* announced a call for papers on chiropractic care and infertility. The majority of the papers published by *JVSR* on infertility were from DCs using Torque Release Technique.

"Due to early research on addictions, many DCs might have gotten the wrong idea that TRT is only good for, or limited to treating addictions," Holder noted. "But that is totally wrong. Chiropractic does not treat any conditions, diseases or symptoms. Instead, chiropractic allows for a greater state of well being and greater expression of human potential. That is why chiropractic is designed to provide life-time care and not offer a quick fix."

Among TRT's other notable "firsts" is that the first scientific model to support the subluxation for state of well-being and human potential to be published in a mainstream peer-reviewed medical journal, was produced by the Holder Research Institute on TRT's tonal model.

In addition, TRT is unique in that it is the only technique ever to be created out of a randomized, controlled, research trial. Other techniques are normally introduced to the profession first, and later tested with research by its developers.

Holder emphasized that, he has no criticism of that approach. "That's not what makes TRT a better technique -- since all chiropractic techniques work -- but it does make TRT singular and unique."

Sony Canteenwala, DC, a TRT instructor and the 2004 recipient of the International Chiropractors Association "International Leadership Award," agreed with that assessment, noting, "If you examine all first-century chiropractic techniques, you will realize that they were not technique models, solely techniques that, once presented to the profession, essentially stayed the same, stuck in time, till today."

"Of course they stayed the same, since the only concept for them to rely on was Newtonian Physics," Holder explained. "There were no quantum model or holographic model in those days. Biomechanics can't take you that far, simply because Newtonian Physics was never designed for living things. Chiropractic is vitalistic not mechanistic. I can show you perfect cervical or lumbar curves on an X-ray of a cadaver. Does that demonstrate a state of health or well being? Vitalism, not mechanism, is why the field of physics evolved to develop a quantum model. D.D. Palmer understood this, and wrote a book on these concepts while living in Los Angeles. Unfortunate that science didn't catch up to his ideas for almost 100 years."

Similar sentiments were voiced by Suzi Taylor, DC, a TRT instructor with advanced certifications in Erhardt X-ray and Clinical Auriculotherapy. "Since chiropractic is a science, philosophy and art, shouldn't all chiropractic techniques be under constant change and improvement and not stuck in time?" she commented. "The answer is a resounding yes, because as new understandings are realized from research; techniques must change to keep improving if chiropractic is a science."

Speaking of classic techniques like Diversified, Logan Basic, Gonstead, Thompson Technique, Holder notes, "All of those techniques work, but they would work much better if they were to add a computer upgrade that would allow them to become vitalistic, tonal and non linear. That's what TRT is. Therefore, TRT is a technique model upgrade for any and all techniques. DCs can continue using any technique they like, but with a second-century model upgrade for greatly improved patient outcomes."

For information concerning Torque Release Technique Seminars or to request a copy of "Staying Clean & Sober" visit www.torquerelease.com or contact the Holder Research Institute at 800-490-7714 or 305-535-8803.

To learn more about the World Chiropractic Alliance visit www.worldchiropracticalliance.org